



INTRODUCTION

This Summary of Achievements outlines the successes of GVPCP staff, members and partners over the 2017-18 year, in line with the [GVPCP Strategic Framework](#) and [Plan](#).

The 2017/18 has been yet another successful period for those staff and organisations that comprise GVPCP. The announcement of the RESPOND project (Deakin University) being a fitting finish to another year of innovation and advocacy on whole of systems change, despite the on-going uncertainty regarding the future of the PCP platform beyond June 2019.

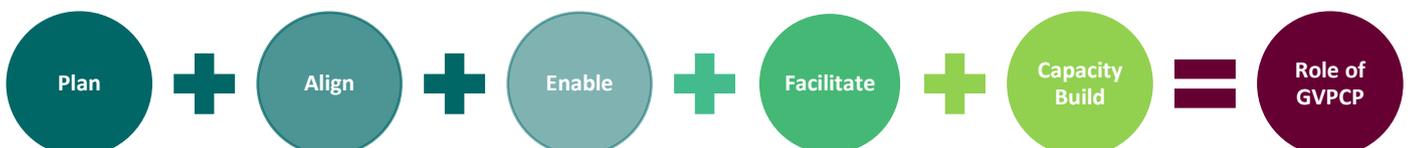
The highlights and body of work contained in this report clearly demonstrate the commitment to dynamic leadership, being bold and brave, embracing disruptive change, the importance of interpreting complexity and translating it to practicality in the context of collaborative partnerships. All of this, through the strategic lenses of collective impact and systems thinking approaches.

I would like to take this opportunity to thank all the local, regional and statewide partners, the Executive Committee members, and finally the staff of GVPCP for their commitment and efforts to invest in the future for better population health outcomes for generations to come.

We go forward into potentially the last 12 months of the partnership platform currently known as Primary Care Partnerships, looking forward to the hope of new beginnings and new opportunities to influence sector wide change at a much higher level of strategic advocacy.

Please do not hesitate to contact any of GVPCP staff for more information.

Craig Chadwick
Executive Officer



Community Connections
Objective 1:

To facilitate active contribution of key stakeholders to decision making processes about local community health and wellbeing

STRATEGIES

KEY ACHIEVEMENTS 2017-18

In partnership with member agencies and other key partners, explore opportunities to implement a systems dynamics approach to collaborative planning, implementation, monitoring and evaluation of activities and projects, across all 3 GVPCP priority areas (Community Connections, Health for Life and Quality Connections)

- New member agency representatives recruited to GVPCP Executive Committee (currently 8 representatives)
 - GOTafe welcomed as a member agency
 - GVPCP continues as a partner of the University of Melbourne [Crossroads](#) project, which is in its 3rd year
 - GVPCP members represented at PCP State level via EO, advocating for collective impact/systems thinking approaches to development of Vic PCP and future PCP Program Logic
 - GVPCP has progressed its long-term commitment to address childhood health behaviours within the Goulburn Valley, utilising a collective impact model, in partnership with [Global Obesity Centre](#). This remains a significant and on-going priority for GVPCP and partner agencies & key features of the approach to date include;
 - Leadership in Prevention project completed 2nd year
 - Financial and in-kind support from GVPCP, DHHS, Goulburn Valley Health, Numurkah District Health Services, Greater Shepparton City Council, Cobram District Health & Yarrawonga District Health Service
 - 2-day [leadership summit](#) on 14 Aug 2017 (45 community leaders attended)
 - Memorandum of Understanding developed for *Healthy Futures Alliance*
 - Facilitation of ongoing strategic relationship management
 - Co-author (with Deakin Uni) of paper to be delivered at UK conference
- ❖ **For more information, contact:** [Matilda Schubert, Project Manager: Leadership in Prevention PH\(03\)58233217](#)

Support member agencies to identify and implement a community consultation model appropriate to their service needs

- GVPCP and several member agencies remain committed to, and have advanced, an [Obesity Prevention Project](#), in partnership with Deakin University Global Obesity Centre
 - NHMRC grant success - *Reflexive Evidence and Systems interventions to Prevent Obesity and Non-Communicable Disease (RESPOND)*. GVPCP is a key partner in this Deakin University led project and is integral to the implementation process both locally, and also across the other 9 LGA's/3 PCP catchments for the Ovens Murray Goulburn region
- ❖ **For more information, contact:** [Matilda Schubert, Project Manager: Leadership in Prevention PH\(03\)58233217](#)

Support member agencies to identify and implement strategies that build consumers' capacity (health literacy) to engage with services

- Members survey undertaken early 2018 and results used to guide activities and priorities
 - Members' survey indicated that majority do not currently have any Health Literacy dedicated resources and would appreciate support and assistance in this area
 - Collaborated with GOTafe to develop a basic foundation workshop training package for Health Literacy. If trial is successful (in late 2018), this will be offered to member agencies utilising GOTafe facilities and GVH training data
- ❖ **For more information, and to register your agency interest, contact:**
[Dale-Maree Florence, Project Manager: Quality, Research and Systems Design PH: 03 5814 5152](#)

Build the capacity of member agencies to work collaboratively to plan, implement and evaluate community consultation models and impacts

- Childhood Obesity Prevention Summit was held in Shepparton, with 45 of the Community's most senior leaders gathering to take undertake a structured 'Systems thinking' process called 'Group Model Building'
 - The *Healthy Futures Alliance* is one of a number of GVPCP facilitated strategies designed to develop the capacity of current and future community leaders to drive and advocate for innovative and sustained solutions to local systemic and generational complex problems within the community
- ❖ **For more information, contact:** [Matilda Schubert, Project Manager: Leadership in Prevention PH\(03\) 5823 3217](#)

Health for Life
Objective 2:

To align partnership efforts to plan and build environments and support settings that improve population health outcomes in identified priority areas

GVPCP has a separate but complimentary [Integrated Health Promotion Plan 2017-2021](#), outlining in detail how members and partners in the catchment will meet the objectives of the prevention priorities in Victoria and Hume Region.

❖ **For more information, contact:** [Jessica Orr, Project Manager, Integrated Prevention PH: 0438 512 058](#)

STRATEGIES

KEY ACHIEVEMENTS 2017-18

Priority Area:

Healthy Eating & Active Living
Objective 1;

Create supportive environments for healthy eating and active living

- 5 Early Childhood Services achieved [Smiles 4 Miles](#) award
- Moira Good Food Good Business booklet developed and distributed (electronic and hard copy)
- Collective Impact projects were undertaken in Greater Shepparton and Moira Shires
- Community Gardens and Food Share programs were developed in the Moira Shire
- 4 [FoodREDi](#) programs implemented in Greater Shepparton
- 1 [Food REDi](#) program implemented in Strathbogie Shire
- 81 events held in Moira Shire for Active April
- 4 events were driven by the [Act-Belong-Commit](#) campaign
- 15 events were branded with the Act-Belong-Commit campaign

❖ **For detailed results, see:** [GVPCP Integrated Health Promotion Plan 2017-21, 2018 Report, Sept 2018](#)

Objective 2;

Implement systems thinking for collective impact {prevention of disease} for whole of community action for place-based initiatives that support healthy eating and active living.

- More than 70 initiatives occurring in Numurkah to support healthy eating and active living
- 2 community events had breastfeeding spaces incorporated to events

❖ **For detailed results, see:** [GVPCP Integrated Health Promotion Plan 2017-21, 2018 Report, Sept 2018](#)

Priority Area:

Capacity Building
Objective 3:

Build the capacity of member agencies to work collaboratively to plan, implement and evaluate primary prevention

- Prevention in Schools Project - GVPCP & DET partnership to build capacity of secondary school nurses in HP space to ensure all HP programs being delivered in Ovens-Murray and Goulburn Regions Secondary Colleges are evidence based best practice
- Hume Region Community of Practice was delivered in December 2017, comprising of the ‘Bridges Out Of Poverty’ training with a focus on equitable practice. Evaluation findings reported that;
 - 81% of respondents ‘*learned things that will inform my practice*’
 - 70% of respondents ‘*will definitely apply what I have learnt*’
 - 22% of respondents ‘*might possibly apply what I have learnt*’
 - 89% of respondents ‘*broadened thinking about the topic*’
 - 33% of respondents ‘*increased my networks*’
- GVPCP IHP Leadership Group active to govern the implementation of the Integrated Health Promotion Plan
- GVPCP Prevention Network re-established (formerly IHP Network) with 1 meeting held 2017-18, guest speakers from The Greater Shepparton Lighthouse Project on Collective Impact
- GVPCP supported a student (Bachelor of Arts, Sustainable Development and Community Development) who completed a review of the Act-Belong-Commit campaign and provided recommendations for future implementation

❖ **For detailed results, see:** [GVPCP Integrated Health Promotion Plan 2017-21, 2018 Report, Sept 2018](#)

**Quality Connections
Objective 3:**

To enable agencies to implement service system improvements using a Continuous Quality Improvement (CQI) approach

STRATEGIES

KEY ACHIEVEMENTS 2017-18

Support agencies to strengthen integration and communication practices between providers to facilitate client care

- Chronic Care: Pharmacy Inclusion in Primary Care Project – successfully gained funding to develop and implement strategies to engage community pharmacies to further improve the wellbeing of individuals with a chronic disease diagnosis by better involving community pharmacies in a collaborative approach
- GVPCP provides administration support to the GV & Lower Hume Indigenous Eye Health Committee, and is an active member of the committee

Identify and facilitate e-health initiatives

- GVPCP continues to provide support and reports, as requested, to member agencies (7) re: secure messaging to assist in future planning (CQI) activities
- GVPCP undertook detailed research and provided this information to a member agency to contribute to their future planning activities on their development of Telehealth options

Support member agencies and partners to identify and implement service system improvements for priority client groups;

- Aboriginal & Torres Straits Islanders
- Diabetes Care
- HACC (Home and Community Care)

- Collaborated with Central, Upper & Lower Hume PCPs to develop an evaluation plan for the [Consumer Diabetes Checklist Tool](#). This resource was originally developed and produced through the Hume Region Diabetes Collaborative. Collaboration has ensured its delivery to appropriate services throughout the Ovens Murray Goulburn area. Evaluation plan has been developed
- Continue to encourage all agencies providing Diabetes Care to consider affiliation and/or accreditation with NADC
- GVPCP actively involved in planning and delivery of Advance Care Planning Roadshow
- GVPCP hosted 2 local events on Advanced Care Planning (ACP)
- Discussions initiated with interested agencies to deliver in house ACP implementation training for their staff
- GVPCP successfully obtained funding to fund GP to co-facilitate 3rd ACP workshop (late 2018)
- Collaborated with GSCC and other agencies to provide local access to a Victorian Roadshow on End of Life information and activities
- GVPCP continues to support and promote [Social Connections for Healthy Ageing, Guidelines and Toolkit: Hume Region](#)
- GVPCP continues to support and promote [Care Journal](#)

Build the capacity of member agencies to identify, plan, implement and evaluate service system improvements (systems dynamics & Continuous Quality Improvement approaches)

- GVPCP has advocated on behalf of members to bring Govt. funded (free to members) training sessions on Chronic Disease Management, Nutrition and Foot Health to the catchment.
- GVPCP actively involved in planning and delivery of GVH Rural Career Day
- Members survey undertaken early 2018 and results used to guide activities and priorities – common themes identified include; recruitment and retention of staff, need for partnership support (how to work together well), advocacy and leadership for the sector and workforce capacity
- GV Multi-Agency Network continues as a valuable local forum for discussion and capacity building
- NEWSBurst electronic newsletter developed in response to members’ feedback, as a tool to circulate information on training and PD events (to reduce multiple emails and cross-postings)

❖ **For more information, contact:**

Dale-Maree Florence, Project Manager: Quality, Research and Systems Design PH: 03 5814 5152