



INTRODUCTION

This Summary of Achievements outlines the successes of GVPCP staff, members and partners over the 2016-17 year, in line with the [GVPCP Strategic Framework](#) and [Plan](#).

2016-17 was a year of significant change and development within the GVPCP team and Executive Committee. In addition, health, community and social sectors remain in a state of constant change and evolution, creating ongoing challenges. DHHS continues to undergo structural reviews, impacting on our members' activities at local, regional and state-wide level.

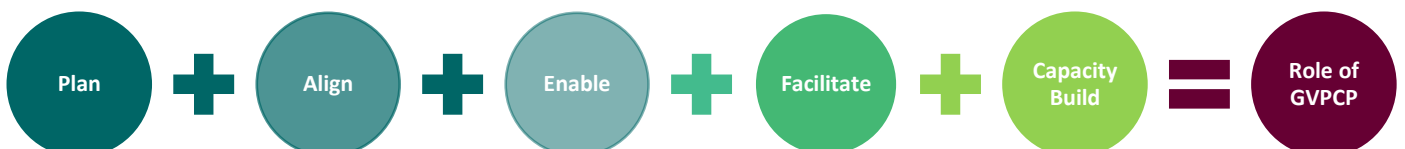
Despite these challenges, the team has continued to make steady progress towards strategic goals, focusing on the vision, mission and priority areas. This has supported GVPCP members and partners to achieve ongoing improvements to population health outcomes.

GVPCP has fostered local capacity to drive community led change, using collective impact models to progress key objectives. Investment in local research, promoting innovation, and stepping outside traditional approaches, has enabled GVPCP to focus on developing its strategic influence to support and develop a healthy, empowered and resilient community.

GVPCP remains well represented at the highest strategic level within the Victorian PCP platform. This enables our members' voice to be heard on major developmental opportunities, such as PCP Program Logic 2018-22, and Victorian Prevention Strategy.

Please do not hesitate to contact any member of the GVPCP team for more information.

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Executive Officer
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Community Connections Objective 1:

To facilitate active contribution of key stakeholders to decision making processes about local community health and wellbeing

STRATEGIES

KEY ACHIEVEMENTS 2016-17

In partnership with member agencies and other key partners, explore opportunities to implement a systems dynamics approach to collaborative planning, implementation, monitoring and evaluation of activities and projects, across all 3 GVPCP priority areas (Community Connections, Health for Life and Quality Connections)

- [GVPCP Team](#) re-structured to better support member agencies and strengthen structure and capacity of PCP team
 - 5 new member agency representatives recruited to GVPCP Executive Committee
 - GVPCP continues as a partner of the University of Melbourne [Crossroads](#) project, which in its 2nd year
 - GVPCP members represented at PCP State level via EO & Chair of GVPCP, advocating for collective impact/systems thinking approaches to development of [Vic PCP](#) and future PCP Program Logic
 - GVPCP has formalised its long-term commitment to address childhood health behaviours within the Goulburn Valley, utilising a collective impact model, in partnership with [Deakin University Global Obesity Centre](#). This is a significant priority for GVPCP and partner agencies & key features of the approach to date include;
 - Appointment of a dedicated Project Manager: Leadership in Prevention (3-year position)
 - Financial and in-kind support from GVPCP, DHHS, Goulburn Valley Health, Numurkah District Health Services, Greater Shepparton City Council, Cobram District Health & Yarrawonga District Health Service
 - Memorandum of Understanding developed and signed with Deakin University
 - System Dynamics training with Deakin University to build capacity of key stakeholders/members to undertake future [Group Model Building Sessions](#) with Community Leaders
 - Group Model Building Sessions x 2 facilitated with high level authorising community leaders ([Leadership Summit](#))
 - Facilitation of ongoing strategic relationship management
- ❖ **For more information, contact:** [Rachel Ferrari, Project Manager: Leadership in Prevention](#) PH:0458 835 462

Support member agencies to identify and implement a community consultation model appropriate to their service needs

- GVPCP and several member agencies have committed to an [Obesity Prevention Project](#), in partnership with Deakin University Global Obesity Centre
 - Systems thinking mapping was completed in Numurkah (by NDHS) as part of the Obesity Prevention Project
 - Data collection at the beginning of the Obesity Prevention Project was undertaken by staff of 5 GVPCP member agencies, in partnership with 39 local primary schools (63% school participation rate), with 1606 children participating
 - Professor Steven Allender and Claudia Strugnell of Deakin University, presented the data to Primary School Principals and GVPCP Members at a local forum, hosted by GVPCP
 - GVPCP actively supported the Deakin University application for an NHMRC grant - *Reflexive Evidence and Systems interventions to Prevent Obesity and Non-Communicable Disease (RESPOND)*
- ❖ **For more information, contact:** [Rachel Ferrari, Project Manager: Leadership in Prevention](#) PH: 0458 835 462

Support member agencies to identify and implement strategies that build consumers' capacity (health literacy) to engage with services

- Scoping activity undertaken to identify training needs within agencies regarding health literacy.
 - Discussions initiated with GVH, GOTafe and University of Melbourne, regarding developing a Health Literacy education package
- ❖ **For more information, and to register your agency interest, contact:**
[Dale-Maree Florence, Project Manager: Quality, Research and Systems Design](#) PH: 03 5814 5152

Build the capacity of member agencies to work collaboratively to plan, implement and evaluate community consultation models and impacts

- Systems Thinking Training: a free 10-week online course was delivered by Deakin University in 2017. This was completed by 10 staff from 5 agencies across Greater Shepparton and Moira Shire. The aim is build capacity of key stakeholders & members to undertake future Group Model Building Sessions with Community Leaders
- ❖ **For more information, contact:** [Rachel Ferrari, Project Manager: Leadership in Prevention](#) PH: 0458 835 462

Health for Life Objective 2:

To align partnership efforts to plan and build environments and support settings that improve population health outcomes in identified priority areas

GVPCP has a separate but complimentary [Integrated Health Promotion Operational Plan 2012-2017](#), outlining in detail how members and partners in the catchment will meet the objectives of the prevention priorities in Victoria and Hume Region. This plan has completed its 4-year term and a final summary document will shortly be available. There is a firm commitment from funded agencies to work together again on a catchment plan for the next 4-years, 2018-22.

❖ **For more information, contact:** [Jessica Orr, Project Manager, Integrated Prevention PH: 0438 512 058](#)

STRATEGIES

Priority Area 1; (Hume Region) Healthy Eating

By 2017, increase the number of serves of fruit and vegetables consumed by children aged 0-12 and their families in catchment

KEY ACHIEVEMENTS 2016-17

- 12 Early Childhood Services achieved [Smiles 4 Miles](#) award
- Moira Good Food Good Business booklet developed and distributed (electronic and hard copy)
- Collective Impact projects were undertaken in Greater Shepparton and Moira Shires
- Community Gardens and Food Share programs were developed in the Moira Shire
- Successful links were developed, and work initiated with [Jamie Oliver's Good Food Foundation](#)

❖ **For detailed results, see:** [GVPCP Integrated Health Promotion Plan Evaluation Report 2016-17, Sept 2017](#)

❖ **For more information, contact:** [Jessica Orr, Project Manager, Integrated Prevention PH: 0438 512 058](#)

Priority Area 2; (GVPCP locality) Social Connection

Build inclusive, resilient and safe communities that promote opportunities for social connection in the catchment

- 2 events were driven by the [Act-Belong-Commit](#) campaign
- 15 events were branded with the Act-Belong-Commit campaign
- Act-Belong-Commit campaign had 987 overall active participants and 2,336 overall estimated spectators
- 3 Act-Belong-Commit case studies from Moira Shire were submitted to [Mentally Healthy WA](#)

❖ **For detailed results, see:** [GVPCP Integrated Health Promotion Plan Evaluation Report 2016-17, Sept 2017](#)

❖ **For more information, contact:** [Jessica Orr, Project Manager, Integrated Prevention PH: 0438 512 058](#)

Priority Area 3: (Hume Region) Capacity Building

Build the capacity of member agencies to work collaboratively to plan, implement and evaluate primary prevention at a catchment level on the identified priorities of healthy eating and social connection

- Hume Region Community of Practice was delivered in September 2016, with the theme 'Tech Tools of the Trade: Social Media in Health Promotion'. Evaluation findings reported that;
 - 3/4 of participants (81%, n=27) indicated that it was 'quite' or 'very useful' in expanding their knowledge
 - Just over half (51%, n=18) indicated that they will 'definitely apply' what they have learnt
 - 34% (n=12) will 'probably apply' what they have learnt
- GVPCP IHP Leadership Group was developed to govern the implementation of the Integrated Health Promotion Plan
- GVPCP has actively supported the '[Grow Your Idea](#)' initiative proposed by Numurkah DHS. This is a grass roots health promotion approach, which involves working with community members and groups to determine and develop their own solutions.

❖ **For detailed results, see:** [GVPCP Integrated Health Promotion Plan Evaluation Report 2016-17, Sept 2017](#)

❖ **For more information, contact:** [Jessica Orr, Project Manager, Integrated Prevention PH: 0438 512 058](#)

Quality Connections Objective 3:

To enable agencies to implement service system improvements using a Continuous Quality Improvement (CQI) approach

STRATEGIES

KEY ACHIEVEMENTS 2016-17

Support agencies to strengthen integration and communication practices between providers to facilitate client care

- GVPCP supported a multi-agency initiative to facilitate inter-agency collaboration in providing services and sharing respective program information and/or resources, to develop and sustain appropriately skilled workforces across the aged care and disability sectors. This initiative has been formalised and developed as R.I.S.E ([Regional Indigenous Skills & Employment](#)). RISE has progressed, with a number of indigenous youth receiving skills training and temporary and ongoing employment opportunities. Rumbalara Aboriginal Cooperative are the lead agency and continue to work closely with the community and GOTAFE to further seek development opportunities for the identified employment gaps, and future healthcare workforce needs within the Goulburn Valley

Identify and facilitate e-health initiatives

- GVPCP continues to provide support and reports, as requested, to member agencies in relation to secure messaging
- Scoping activity initiated to identify potential use of tele-health initiatives in chronic disease management

Support member agencies and partners to identify and implement service system improvements for priority client groups;

- Aboriginal & Torres Straits Islanders
- Diabetes Care
- HACC (Home and Community Care)

- In consultation with Rumbalara Aboriginal Cooperative, GVH, GSCC, ACSO, GVPCP assisted agencies to initiate a service mapping flow chart in relation to ICE addiction, as part of the [GV ICE Action Plan](#)
- As part of the regional Diabetes Collaborative, GVPCP has consulted with funded agencies as to how best to promote and encourage NADC affiliation/accreditation, development of a consumer resource and establishment of a clinical network
- Scoping activity initiated to identify potential use of tele-health initiatives in diabetes care
- GVPCP has advocated on behalf of members to bring Govt. funded (free) training sessions on foot health to the catchment
- GVPCP hosted 2 local events and promoted a state-wide forum covering the topics of NDIS, ACAS and Healthy Ageing
- GVPCP has actively supported and promoted the [Social Connections for Healthy Ageing, Guidelines and Toolkit: Hume Region](#)
- GVPCP has actively supported and promoted the [Care Journal](#)

Build the capacity of member agencies to identify, plan, implement and evaluate service system improvements (systems dynamics & Continuous Quality Improvement approaches)

- Systems Thinking Training: a free 10-week online course was delivered by Deakin University in 2017. This was completed by 10 staff from 5 agencies across Greater Shepparton and Moira Shire
- GVPCP hosted 2 local events and promoted a state-wide forum covering the topics of NDIS, ACAS and Healthy Ageing
- GV Multi-Agency Network continues as local forum for discussion and capacity building
- GVPCP advocated on behalf of members to bring Govt. funded (free) training to the catchment (Foot Health, Chronic Disease, Nutrition & Aural Health). Further training secured for 2017/18 across 4 topics & 3 Shires
- GVPCP has supported GVH to review the [Healthy Communities Knowledge Exchange](#)

❖ **For more information, contact:**

[Dale-Maree Florence, Project Manager: Quality, Research and Systems Design](#) PH: 03 5814 5152