

Members' Vision

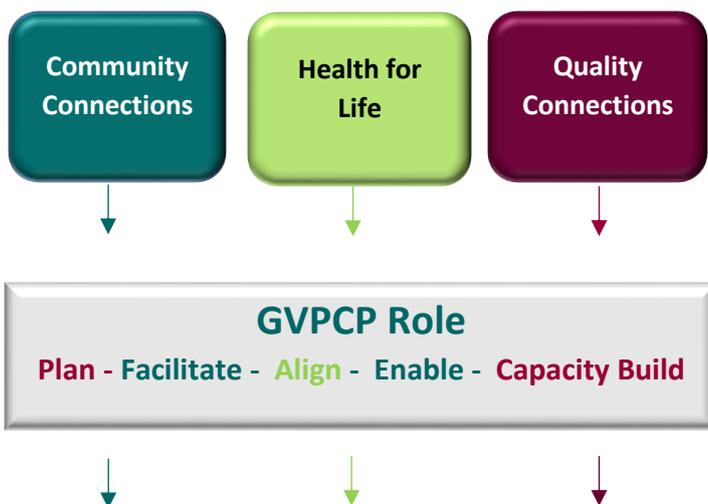
The vision of the member agencies of Goulburn Valley Primary Care Partnership (GVPCP) is to support and develop a healthy, empowered and resilient community.

Members' Mission

Our mission is to work together to enable integrated and planned approaches to enhancing whole of community wellbeing.

Priority Areas

In consultation with member agencies, these were reviewed in 2015/16 and re-defined as;



Objectives

Our 3 key objectives are consistent with the domains of the Primary Care Partnership (PCP) Program Logic 2013-2017 and the DHHS Goulburn and Ovens Murray areas' PCP integrated planning framework;

Community Connections
 To facilitate active contribution of key stakeholders to decision making processes about local community health and wellbeing
PCP Domain: Consumer and community empowerment

Health for Life
 To align partnership efforts to plan and build environments and support settings that improve population health outcomes in identified priority areas
PCP Domain: Prevention

Quality Connections
 To enable agencies to implement service system improvements using a Continuous Quality Improvement (CQI) approach
PCP Domain: Early intervention and integrated care

INTRODUCTION

This Summary of Achievements outlines the successes of GVPCP staff, members and partners over the 2015-16 year, in line with the [GVPCP Strategic Framework](#) and [Plan](#).

During 2015-16, GVPCP reviewed and revised the Members' Strategic Framework and Plan, moving towards influencing service developments at a higher systems level.

Most of our work during 2015-16 has been focused on laying the foundations to facilitate and enable member agencies to effect systems level change, through innovation and a systems-thinking approach, based on solid research and identified community needs.

State-wide, the PCP platform is evolving and, whilst health promotion and service coordination are still core priorities, PCPs are moving toward more of a support role to members, focusing on leadership in prevention, quality and systems re-design and development. PCPs underpinning focus is collaborative partnerships to achieve better population health outcomes.

Please do not hesitate to contact any member of the GVPCP team for more information.

Craig Chadwick
 Executive Officer
 PH: 03 5814 5151

Community Connections Objective 1:

To facilitate active contribution of key stakeholders to decision making processes about local community health and wellbeing

STRATEGIES

KEY ACHIEVEMENTS 2015-16

In partnership with member agencies and other key partners, explore opportunities to implement a systems dynamics approach to collaborative planning, implementation, monitoring and evaluation of activities and projects, across all 3 GVPCP priority areas (Community Connections, Health for Life and Quality Connections)

- GVPCP Strategic Plan reviewed in consultation with member agencies. New [Strategic Framework](#) developed, and [Strategic Plan 2016-18](#) developed, to align with 3 key priority areas of Quality, Community and Health for Life
- [GVPCP Team](#) structure and roles re-defined, to align with revised Strategic Plan and 3 key priority areas
- 4 new member agency representatives recruited to GVPCP [Executive Committee](#)
- GVPCP [Community Health & Well-being Profile](#), 4th Edition completed as a resource for members
- Partnership developed with Deakin University to undertake a [research project](#) throughout GVPCP catchment, applying a systems-thinking approach to improve health outcomes. Forum held for interested member agencies, with guest speaker: Professor Steven Allender (WHO/Deakin University)
- Working relationship established with newly emerging [Murray PHN](#) to identify potential areas of collaboration. GVPCP Executive Officer involved in the consultation process to develop Murray PHN Advisory Councils
- GVPCP commits to 3-year financial support of, and collaboration with, the University of Melbourne [Crossroads](#) project, as 1 of 9 partner agencies
- GVPCP members are now represented at [PCP State level](#) with the Executive Committee Chair (Ms. Leigh Rhode) sitting on the Vic-PCP Executive, and Executive Officer as Chair of Executive Officers PCP State-wide Network. GVPCP has also been invited on several working parties and committees that will influence the future of Primary Care Partnerships beyond 2018/19
- Funding approved by GVPCP Executive Committee for a 3-year 'Leadership in Prevention' Project to lead systems dynamics approach with members
 - ❖ **For more information, contact:** [Rachel Ferrari, Project Manager: Leadership in Prevention](#) PH:03 5814 5155

Support member agencies to identify and implement a community consultation model appropriate to their service needs

- GVPCP and several member agencies have committed to an [Obesity Prevention Project](#), based on community need. It aims to address factors that contribute to an "obesogenic" environment, trialing a unique approach to the prevention of complex and dynamic causes of childhood obesity
 - ❖ **For more information, contact:** [Renata Spiller, Project Manager: Health Promotion](#) PH: 03 5814 5154

Support member agencies to identify and implement strategies that build consumers' capacity (health literacy) to engage with services

- Partnered with Murray PHN, Women's Health Goulburn North East and FamilyCare, to deliver a free "Family Violence Awareness" seminar
- Presented at a State-wide DHHS Healthy Ageing Program forum DHHS on social connections for older people
- Partnered with FamilyCare, to deliver a "Dying to Know" event to raise awareness of Advanced Care Planning and enable service providers to explore how to start the conversation on death and dying

Build the capacity of member agencies to work collaboratively to plan, implement and evaluate community consultation models and impacts

- Supported and assisted member agencies with two grant submissions, both in the social sector, regarding diversity in aged care and family violence (pending final funding round offers).
- Supported a partnership grant submission, led by Deakin University, to the NHMRC in relation to improving child health
- Developed a collaborative effort proposal in partnership with Murray PHN, to identify and coordinate joint workforce professional development opportunities across various networks in the health and community sectors
- Supported Campaspe PCP to deliver a forum for older people regarding the changes to the aged care system, by sharing all resources developed by GVPCP as part of the [Hume Region Aged Care Project](#)

Health for Life Objective 2:

To align partnership efforts to plan and build environments and support settings that improve population health outcomes in identified priority areas

GVPCP has a separate but complimentary [Integrated Health Promotion Operational Plan 2012-2017](#), outlining in detail how members and partners in the catchment will meet the objectives of the prevention priorities in Victoria and Hume Region.

❖ For information, contact: [Renata Spiller, Project Manager: Health Promotion](#) PH: 03 5814 5154

STRATEGIES

Priority Area 1; (Hume Region)

Healthy Eating

By 2017, increase the number of serves of fruit and vegetables consumed by children aged 0-12 and their families in catchment

KEY ACHIEVEMENTS 2015-16

- Fruit and Veg Share initiative developed and promoted in four locations as part of [Healthy Food Connect](#) strategy
 - 3 of 3 council Municipal Public Health & Wellbeing plans include healthy eating as a key action area
 - Partnerships established with 43 early learning centres across Greater Shepparton, Moira and Strathbogie Shires
 - Total of 12 early learning centres qualified for [Smiles 4 Miles](#) oral health award
 - A total of 1860 children reached through Smiles 4 Miles program
 - Journal article published: [Fruit and vegetable consumption in rural Victorian school children](#)
 - Member agency ([Primary Care Connect](#)) awarded Healthy Eating benchmark as part of State-wide [Achievement Program](#)
 - Partnered with Eating Disorders Victoria, Murray PHN, GV Health and Victorian Centre of Excellence in Eating Disorders to deliver an “Eating Disorders in General Practice” Workshop
- ❖ For detailed results, see: [GVPCP Integrated Health Promotion Plan Evaluation Report 2015-16, Aug 2016.](#)

Priority Area 2; (GVPCP locality)

Social Connection

Build inclusive, resilient and safe communities that promote opportunities for social connection in the catchment

- Two new partners signed up to [Act-Belong-Commit](#) campaign, taking the total to 19 signed partners
 - A total of 3,368 active participants across 36 events were engaged in Act-Belong-Connect activities in 2015-16
 - Community groups reported an increase in number of volunteers or people signing up as members of club/group, as a result of promotion via Act-Belong-Commit events
 - Social Connection survey collected 329 responses across Greater Shepparton, Moira and Strathbogie Shires to help inform and identify community understanding of social connection
- ❖ For detailed results, see: [GVPCP Integrated Health Promotion Plan Evaluation Report 2015-16, Aug 2016.](#)
[A-B-C Qualitative Report 2015](#) & [A-B-C Qualitative Report Jan-June 2016](#)

Priority Area 3: (Hume Region)

Capacity Building

Build the capacity of member agencies to work collaboratively to plan, implement and evaluate primary prevention at a catchment level on the identified priorities of healthy eating and social connection

- Hume Region Community of Practice delivered with the theme of ‘Partnerships and Settings’ (Dec 2015)
 - Presentations (oral and poster) x 4 delivered at national conferences highlighting strengths of collaboration through Regional Health Promotion Strategy: *Engaging agencies through Primary Care Partnerships to support integrated health promotion in rural Victoria*
 - Findings from Regional Health Promotion Strategy evaluation identified significant partnership benefits:
 - Regular and well-structured face-to-face meetings were viewed as critical to build relationships and trust with the catchment.
 - Reducing priorities and adopting an integrated approach has led to a more supportive work environment through the creation of virtual teams, particularly for sole workers from small agencies with limited resources.
 - Health promotion activity is more efficient at a catchment level since the implementation of the regional strategy and agencies are working together more effectively and sharing
- ❖ For detailed results, see: [GVPCP Integrated Health Promotion Plan Evaluation Report 2015-16, Aug 2016.](#)

Quality Connections Objective 3:

To enable agencies to implement service system improvements using a Continuous Quality Improvement (CQI) approach

STRATEGIES

KEY ACHIEVEMENTS 2015-16

Support agencies to strengthen integration and communication practices between providers to facilitate client care

- GVPCP is supporting member agencies and other partners in the development of a refugee/asylum seeker interagency protocol via the Refugee/Asylum Seeker Network
- In partnership with Rumbalara Aboriginal Cooperative Ltd, Department of Health & Human Services, Goulburn Ovens Institute of TAFE, Greater Shepparton City Council, Murray PHN and Shepparton Retirement Villages, GVPCP has supported the development of a multi-agency Memorandum of Understanding, to facilitate inter-agency collaboration in providing services and sharing respective program information and/or resources to develop and sustain appropriately skilled workforces across the aged care and disability sectors
- [GVPCP Communication Guidelines](#) updated, as a resource for member agencies

Identify and facilitate e-health initiatives

- GVPCP continues to provide support, as requested, to member agencies in relation to secure messaging, following the full transfer of [ConnectingCare](#) to a subscription service.

Support member agencies and partners to identify and implement service system improvements for priority client groups;

- Aboriginal & Torres Straits Islanders
- Diabetes Care
- HACC (Home and Community Care)

- Partnered with Rumbalara Aboriginal Cooperative, and participated in early working group meetings relating to management of chronic illnesses and development of a centralised intake model
- Partnership with Honeysuckle Regional Health and Murray PHN, and participated in early working group meetings relating to a Community Health & Wellbeing Project
- GVPCP staff presented at the Hume Region Allied Health Conference: “The 2014 Hume Region ACIC Audit - A short summation of key findings and collated recommendations from regional providers”
- 2 member agencies, Cobram District Health & Numurkah District Health Service, were supported to achieve [NADC accreditation](#) as a Diabetes Care Centres
- Member agencies supported to prepare to undertake [Australian National Diabetes Audit](#)
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Build the capacity of member agencies to identify, plan, implement and evaluate service system improvements (systems dynamics & Continuous Quality Improvement approaches)

- [2015 Service Coordination Survey](#): 9 member agencies participated, across 13 programs
- [Quality Toolkit](#) updated as a resource for member agencies, to highlight where PCP domains and activities align with quality standards
- Partnered with Murray PHN, Primary Care Connect and Rumbalara Aboriginal Cooperative Ltd, to deliver a “Building Collaborative Inter-Professional Relationships” workshop, facilitated by Dr. Elise O’Sullivan
- Partnered with Senior Rights Victoria to deliver a multi-agency event, focusing on equality and sexuality in the older community

❖ **For more information, contact:**

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