

Gambler's Help Counselling

What is Gambler's Help Counselling?

Gambler's Help provide counselling services which aim to help people regain control over their gambling or support those affected by problem gambling. Financial counseling is also available.

Who can access Gambler's Help Counseling?

Gambler's Help can be accessed by people whose gambling is becoming an issue or those affected by someone else's gambling.

When does Gambler's Help Counselling operate?

The Gambler's Help counselling service operates Monday to Friday, with after hours sessions available on Wednesday evenings.

After hours contacts are the Gambler's Help Line: 1800 858 858 (24 hours, 7 days) providing telephone counselling and support and a service for the hearing impaired: 1800 777 706 (24 hours, 7 days).

Where does Gambler's Help Counselling operate?

Appointments are available each weekday in Shepparton. Outreach to Yarrawonga is provided every second Tuesday. Outreach to Cobram is provided every second Monday.

How do you access the program?

Referrals for Gambler's Help counselling are via Central Intake at Community Health. Clients can self-refer by presenting to the reception desk at 399 Wyndham Street or call on (03) 5823 3200. Clients are required to undertake an intake screening prior to meeting with a Gambler's Help counsellor.

Agencies may also refer clients, with referral forms available the website at www.gvchs.com.au. Informed consent must be obtained for all agency referrals.

Cost of the service?

Gambler's Help counselling is a free service.